Point Pinole Regional Shoreline

Point Pinole/Cooks Point/Marsh/Owl Alley/China Cove/Pinole Point/ **Bay View Trails**

Length: 4.06-mile loop **Elevation Gain:** Approximately 112 ft.

Location: Richmond

GPS Coordinates: 37.992163. -122.356120

Intensity: Easy



Park Features: Point Pinole Regional Shoreline is a 2,315-acre parkland with meadows, aromatic eucalyptus woods, and incredible bay views along bluffs and beaches on San Pablo Bay. Wildlife thrives here including deer, monarch butterflies, and a diverse bird population. Popular activities include hiking, bicycling, horseback riding, picnicking, camping, and fishing. Although a State fishing license is required to fish along the 5.5-mile shoreline, none is needed to fish from the pier.

Trail Highlights: This mainly flat route allows visitors to experience the entire park, including historical features, all the while experiencing 360 degree views of San Pablo Bay. Restrooms and water are located at the starting point and at the pier.

Trail Directions: From the parking lot, head north, pass the restrooms, then cross the bridge to your left and continue northwest along Pinole Point Trail. Make a right onto Cook's Point Trail and continue northwest for .67 miles. Investigate the Black Powder Press straight ahead. Make a sharp turn onto Marsh Trail, and travel .48 miles, (eucalyptus grove on left and San Pablo Bay views on right). Next, turn right onto Owl Alley Trail, travel .27 miles, and make a left on China Cove Trail. Soon, turn right onto the wide, paved, Pinole Point Trail. Take it all the way to the picnic tables to find Bay View Trail. We suggest you continue all the way to the point, walk onto the pier and enjoy the phenomenal bay view. After the pier, turn back on Pinole Point Trail and make a right on that connector trail to head west through the picnic tables. Turn left onto Bay View Trail. Head straight as you pass many trails on your left. After about 1.21 miles, pass Cook's Point Trail on your left, staying on Bay View Trail, as it veers left. Head right on Pinole Point Trail, cross the bridge, and turn right; retrace your steps back to the parking lot from here.

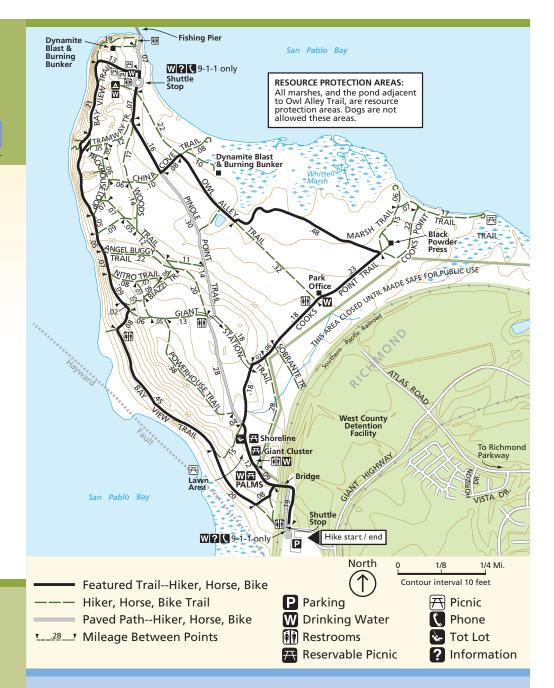
Driving Directions: From Interstate 80 East, take Richmond Parkway exit. Turn left onto Richmond Pkwy. Turn right onto Atlas Rd. Turn left onto Giant Hwy. Turn right into Point Pinole Regional Shoreline.

From Highway 4 West, take exit 1B for Interstate 80 West. Take exit 20 toward Interstate 580 and merge into Richmond Pkwy. Turn right onto Atlas Rd. Turn left into Giant Hwy. Turn right into Point Pinole Regional Shoreline.

Park Hours: 7 a.m. – dusk; seasonal hours vary

Fees: \$3 parking fee; \$2 dog fee

Website: www.ebparks.org/parks/pt pinole



Health Tip: Your mind and body are connected – regular exercise can help lift your mood and reduce stress. Positive thinking helps you bounce back from difficult times and to enjoy yourself and others more.